## Affective soil: Using agroecology to improve our relationship with soil

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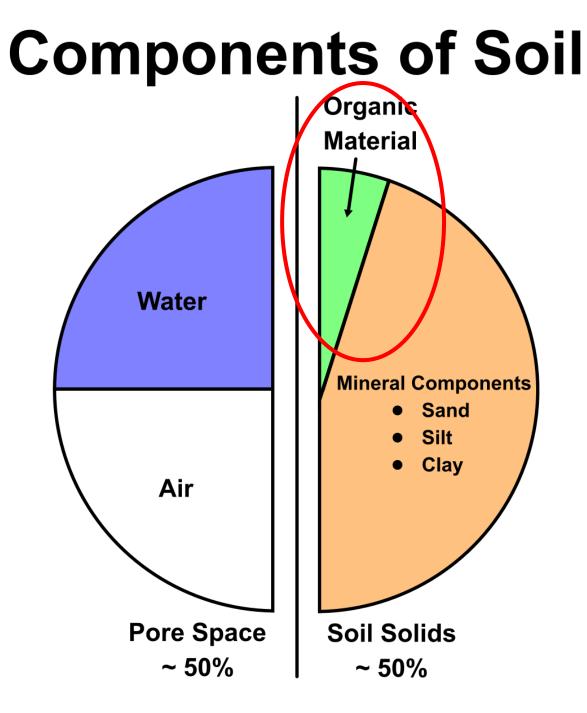
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What happens when we improve soil health?







### Principles of Regenerative Farming

Three principles of sustainable farming (Montgomery 2017)

- 1. Minimal soil disturbance
- 2. Growing cover crops
- 3. Devising complex rotations



#### Carbon Sink & Solidarity Farms

Est. 2018 with goals in mind:

- reduce or eliminate tillage on at least 80% of the farm
- transition 70% of production to **perennial** crops
- plant cover crops in orchards and vineyards to reduce soil temperatures
- improve water holding capacity and decrease the application of water
- encircle farm with hedgerows and windbreaks to improve pollinator habitat,
- increase the availability of traditional food, fiber, and medicine, and reduce wind erosion/evaporation
- Use **compost** to increase soil organic matter.







# Carbon Sink & Solidarity Farms



- No-till or reduce tillage crop field and the addition of quality compost application has helped to achieve 4.4% of Soil Organic Matter,
  - Increased from 1% to 4% since 2018.
    - Every 1% increase in SOM increases the water holding capacity by 3.7% (Hudson 1994)
  - In 2020, this equated to a drawdown of nearly 600 metric tons of C02, offsetting the emissions of 80 American households.
  - increase the water-holding capacity in the soil



On the 5-acre of food production converted to **no-till** methods

- increase in plant yield
- vegetables are more resilient to extreme weather conditions
- a significant reduction in reports of pest presence.



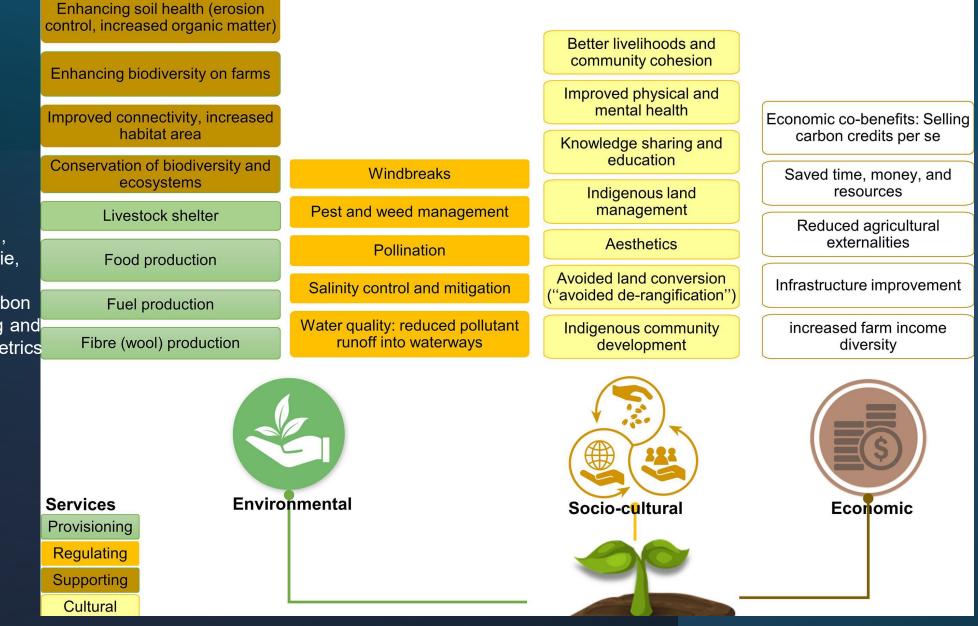
- Hedgerows and windbreaks
  fulfill a multitude of purposes
- They attract pollinators
- slow erosion from wind
- improve microclimates and biodiversity on portions of the farm that are prone to extreme heat and frost
- help to increase biodiversity in our farm systems,





#### All of these components were designed through a **Traditional Ecological Knowledge** framework

 plant selection follows the traditions of local indigenous communities where the needs for food, medicine and fiber was provided mostly from the local ecosystem. Baumber, A., Metternicht, G., Cross, R., Ruoso, L.E., Cowie, A.L. and Waters, C., 2019. Promoting co-benefits of carbon farming in Oceania: Applying and adapting approaches and metrics from existing market-based schemes. *Ecosystem Services*, *39*, p.100982.



### Underserved Farmers for Underserved Communities

San Diego Foodshed est. 2020

- 67% BIPOC owned, 50% women owned farms
- 14 SD country Farms
- "Foodshed is equally committed to change the inequitable distribution of healthful foods and the historical disinvestment in black, indigenous, and immigrant communities that will be exacerbated by a changing climate (CSIP Program Report 2022)."

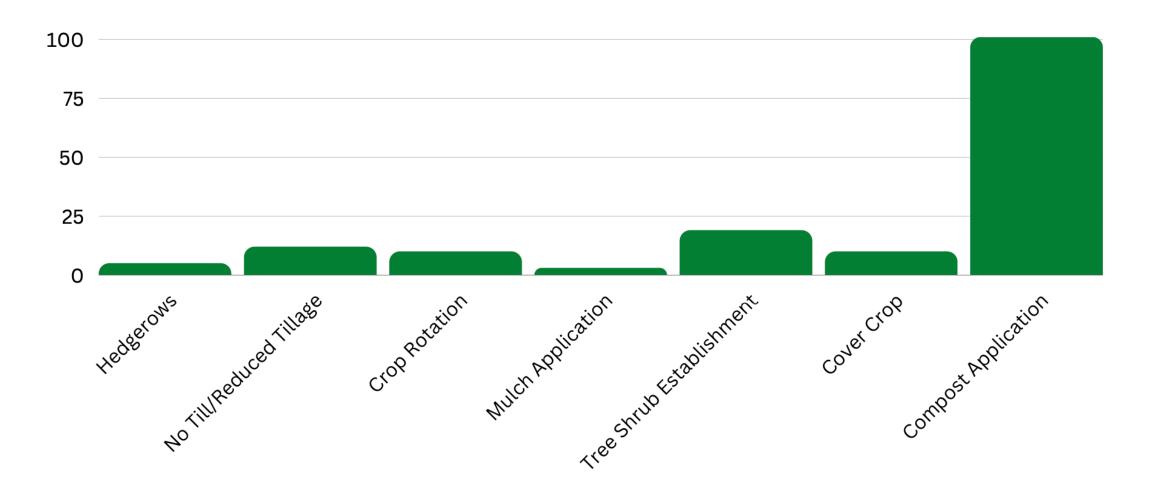


	Participation Level	Incentive
Tier 1	Attend at least 6 climate-smart production trainings each year & complete a soil health assessment.	Earn 5% on verified products moved through Foodshed
Tier 2	Complete Tier 1, work to improve soil health through increased compost application and reduced tillage	Earn 10% on verified products moved through Foodshed; FREE compost is available to Tier 2.
Tier 3	Complete Tier 1 & 2; implement Carbon Farm Plan with multiple NRCS carbon farming practices	Earn 15% on products moved through Foodshed. FREE compost is available to Tier 3.

Table 1: Carbon Sink Incentive Program - Tiers

#### Local sequestration

Locally a total of **160 Metric Tones** of CO2 was sequestered from 7 conservation practices in 2023



- Country wide agriculture sequestration: 24,000 MT on 136,985 acers.
- Foodshed sequestration: 160 MT on 156 acers

### SD County Farms

- Foodshed sequestration 1.02 MT per acer
- County wide sequestration 0.175 MT per acer

Carbon Farming Potential136,985 MT

Image © Nature Conservancy 2024

#### Healing Relationships - Principles of the SD Foodshed

#### EQUITABLE DISTRIBUTION

 Foodshed sustains communities by meeting people where they are at and works tirelessly to build and sustain healthy families

#### THRIVING FARMS

 Foodshed works directly with farmers to build thriving farms that produce quality food that is good for the people and the environment and develops mutual aid support networks to empower local BIPOC famers.

#### MOBILIZE COMMUNITIES

 Foodshed invests in a healthy, food secure future for all San Diegans.



What happens when we improve soil health?



# Thank you!

References

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